

Instructions for Workshop Leader

Use these slides (in order) with the sections of your session outline

Welcome and Overview (Slides 2-4)

Activity (Slide 5-9)

Present (Slides 10-14)

Discuss (Slide 15)

Review and Evaluate (Slides 16-21)

Close (Slide 22)





Live Well

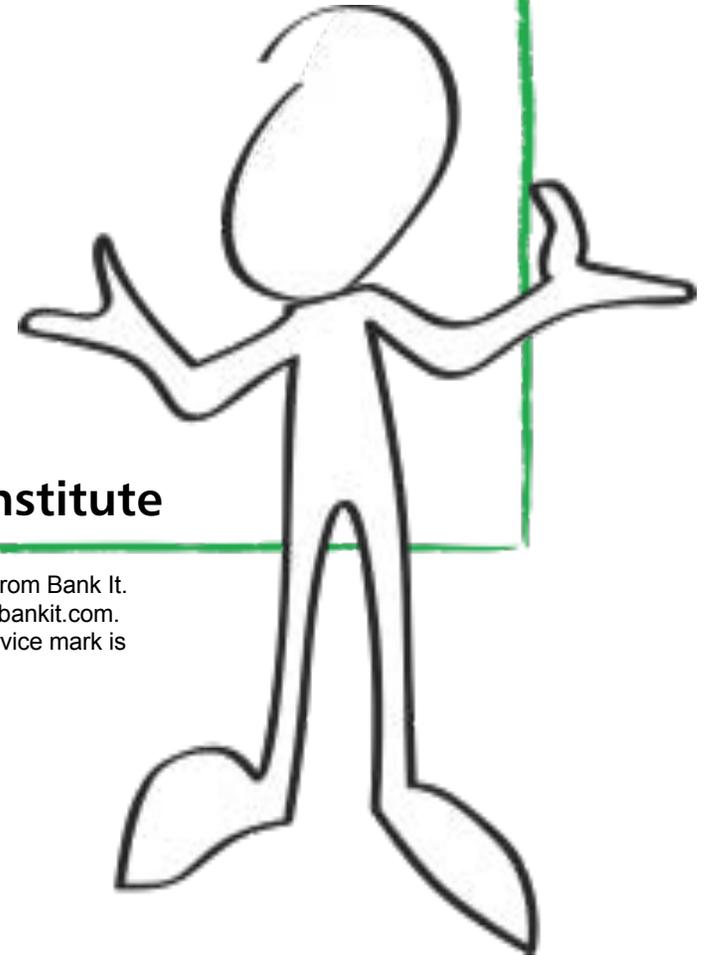
Welcome to Bank It

Finding Support as a Parent

3-LI-PTT

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Welcome and Overview

What is Bank It?

Bank It delivers real-world topics and tools to help you:

- Understand,
- Talk about, and
- Manage your money.

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Welcome and Overview

Three goals for today:

1. Define what makes a person supportive.
2. Identify different places where there are supportive people.
3. Name at least one person who supports you.



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Welcome and Overview

Role-Play a Script



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Activity

Why do teenagers who succeed need support?



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Activity

Why do Developmental Assets matter?

The more Developmental Assets kids have, the more likely they will succeed in life.

Source: Search Institute



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Activity

How do we know Developmental Assets matter?

More than three million teenagers across North America have had their Developmental Assets measured since 1989.



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Activity

Kids with a lot of Developmental Assets are:

1. More likely to make positive choices
2. Less likely to get into trouble
3. More likely to bounce back form hard times

Source: Search Institute



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Activity

Of the 40 Developmental Assets, there are six Developmental Assets on Support.

Source: Search Institute



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Present

Teenagers need support. So do parents.



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Present

How many sources of support do parents have?

- None 53%
- One of three 31%
- Two of three 11%
- Three of three 4%

Sources include: 1. Family, 2. Friends, 3. Community resources
Source: Search Institute



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Present

What makes a person supportive?

- They help you.
- They listen to you.
- They care.



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Present

Where are the places you see people?

- Home
- School
- Neighborhood
- Congregation
- People who live far away
- School activities
- Sports
- Community
- Job



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Discuss

Turn to talk to someone near you.

1. Say your first name.
2. Say who supports you the most.



Review and Evaluate

Why do teenagers who succeed need support?

- Teenagers who have support have people to guide them.
- Supporters can be there when life gets hard and help teenagers find solutions.
- Supporters can encourage teenagers to develop into caring, productive individuals.



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Review and Evaluate

What are examples of key supporters named by the Developmental Assets?

- Family
- Other adults
- Neighbors
- People in your community
- Peers, friends
- People at school



Review and Evaluate

What are examples of what makes a person supportive?

- They help you.
- They listen to you.
- They care.



Review and Evaluate

Where can you find supportive people?

- Home
- School
- Neighborhood
- After-school activity
- Job
- Church, mosque, temple
- Community



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Review and Evaluate

How many people support you?



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Review and Evaluate

How can a supportive person help your teenager make positive money choices?

- They can give helpful money advice.
- They can help teenagers when they mess up.
- They can care about our kids and get to know them.



Close

Thank someone who supports you.



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