Live Well Parents

Finding Support as a Parent

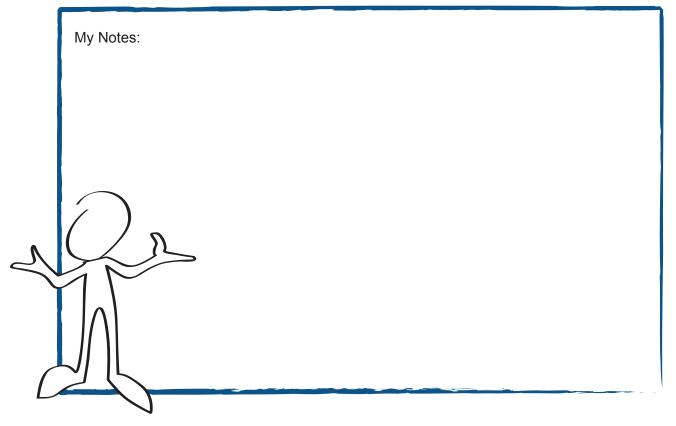
What You'll Learn

- 1. What makes a person supportive
- 2. Different places where there are supportive people
- 3. How to name a person who supports you

Talk About It

Ask your teenager:

- In which ways do you like how I support you?
- How can I be even more supportive?
- · Which adults support you?



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