

# Spend Well

Read each of the six statements below. Look at the first four columns labeled “Now.” Checkmark the phrase that shows how often you do each item now that you have participated in this Bank It session. Next, look at the last four columns labeled “Before.” Checkmark the phrase that shows how often you did each item before you came to this Bank It session. Add today’s date at the bottom.

		Check the box of the phrase that shows how often you do each item numbered from 1 to 6.							
		NOW				BEFORE			
		None or a little bit of the time	Some of the time	A good bit of the time	Most of the time	None or a little bit of the time	Some of the time	A good bit of the time	Most of the time
1.	I can identify what spending is.								
2.	I can explain why spending matters.								
3.	I can name at least one example of a household expense.								
4.	I can explain what a personal spending diary is.								
5.	I can identify what the sales tax rate is for my area.								
6.	I can develop a spending plan.								

Today’s date: \_\_\_\_\_



bankit.com