

Instructions for Workshop Leader

Use these slides (in order) with the sections of your session outline

Welcome and Overview (Slides 2–4)

Activity (Slides 5–8)

Present (Slides 9–12)

Discuss (Slide 13)

Review and Evaluate (Slides 14–20)

Close (Slide 21)



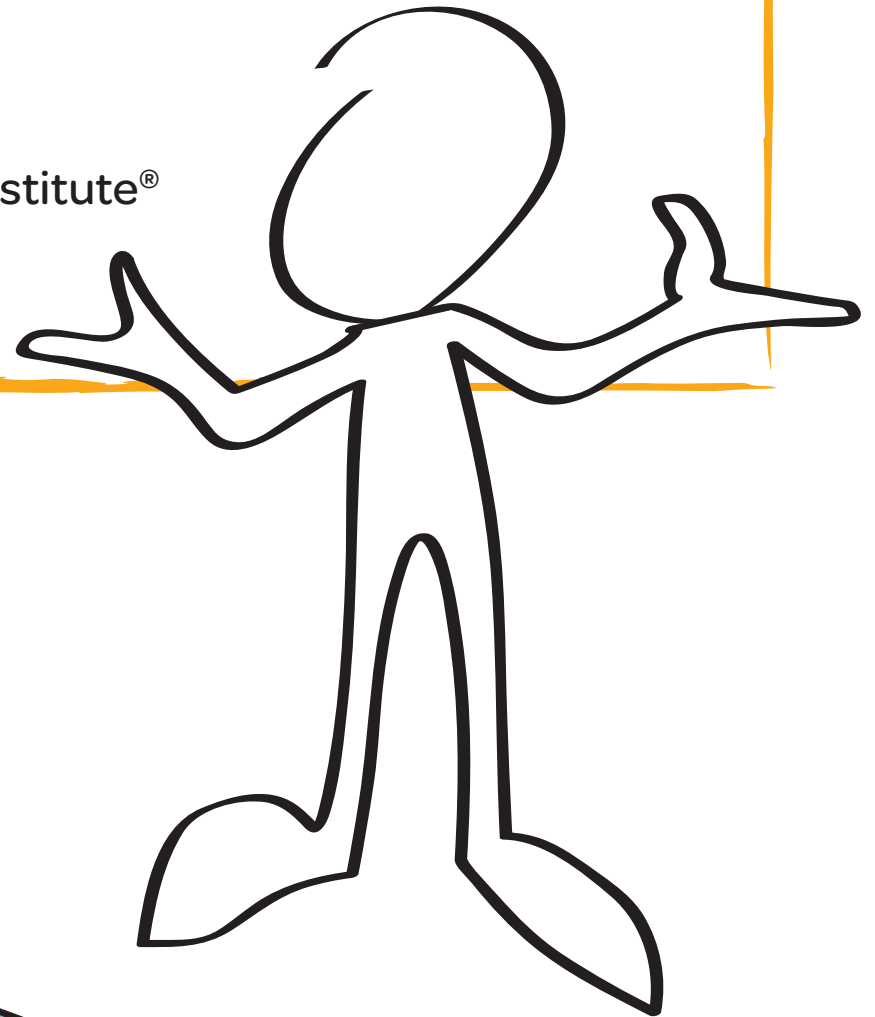
Talk Well

Welcome to Bank It

Easier Ways to Talk about Money

2-TA-E

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Welcome and Overview

What is Bank It?

Bank It delivers real-world topics and tools to help you:

- Understand your money,
- Talk about your money, and
- Manage your money.

From Capital One and Search Institute

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Welcome and Overview

Three goals for today:

1. List key communication skills you need to talk about money.
2. Identify which information not to tell others to protect your identity.
3. Explain what makes it difficult to talk about a tough money situation.



Activity

Take the Pretest



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Activity

What are key communication skills you need to talk about money?

- Being willing to talk with your parents about problems and when you need help
- Being honest and having a sense of humor



Activity

What information should you not tell to protect your identity?

- Your social security number
- Your birth date, month, and year



Activity

Talk or Don't Talk?



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Present

What is the number one worry that parents have about the way their kids use money?

Answer: Kids will overspend and live beyond their means.



Present

What is the average grade that high school seniors receive for being financially literate?

Answer: an F

Source: Jump\$tart Coalition for Personal Financial Literacy



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Present

What makes it difficult to talk about a tough money situation?

- Believing that feelings are destructive
- Disliking the way you act when you have an intense feeling
- Having a hard time thinking well when you're having an intense feeling
- Having trouble calming down after having an intense feeling

Source: John Gottman, Ph.D.



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Present

Steps to solving a tough money situation:

1. Talk about your money situation or goal.
2. Talk about possible solutions.
3. Evaluate solutions based on your family's values.
4. Choose a solution.

Source: John Gottman, Ph.D.



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Discuss

Turn to talk to someone near you.

1. Say your first name.
2. Name an easy way to start talking about money with your parents.



Review and Evaluate

What are key communication skills you need to talk about money?

- Being willing to talk with your parents about problems and when you need help
- Being honest and having a sense of humor



Review and Evaluate

What information should you not tell to protect your identity?

- Your social security number
- Your birth date, month, and year



Review and Evaluate

What is the number one worry that parents have about the way their kids use money?

Answer: Kids will overspend and live beyond their means.



Review and Evaluate

What is the average grade that high school seniors receive for being financially literate?

Answer: an F

Source: Jump\$tart Coalition for Personal Financial Literacy



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Review and Evaluate

What makes it difficult to talk about a tough money situation?

- Believing that feelings are destructive
- Disliking the way you act when you have an intense feeling
- Having a hard time thinking well when you're having an intense feeling
- Having trouble calming down after having an intense feeling

Source: John Gottman, Ph.D.



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Review and Evaluate

What are steps to solving a tough money situation?

1. Talking about your money situation or goal.
2. Talking about possible solutions.
3. Evaluating solutions based on your family's values.
4. Choosing a solution.

Source: John Gottman, Ph.D.



Review and Evaluate

Take the Posttest



#2-TA-E



Close

We can talk about money with our parents.

We can talk about any money situation.



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