

# Teen Spending Diary

Write down how much you spend every day. Place the amount in the category where it fits. For example, when you buy something out of a vending machine, add it to the “eating out” category. When you go to a movie, add it to the “entertainment” category. Consider carrying an index card or pad of paper with you so you can write down your purchases immediately and then transfer the information to your spending diary when you get home. Make copies of this form. Use a new one every month. Use a calculator at the end of the month to add up your purchases for each category.

Month and Year: \_\_\_\_\_

EXAMPLE: Eating Out	Eating Out (Fast food, vending machines, etc.)	Entertain- ment (Movies, games, etc.)	Music (music downloads, CDs)	Clothes	Cell Phone
\$2.00					
\$.75					
\$8.78					
\$21.45					
\$1.25					
\$13.99					
TOTAL: \$48.22					

