

# My Spending Habits

Think about how and when you spend money. Answer each question below.

1. How often do you spend money? (Check one.)

- Every day
- About every other day
- A few times a week
- About once a week
- More than once a week
- Only every so often

2. What have you learned about spending from the adults around you? (Check as many as you wish.)

- You can spend well without spending too much.
- Comparison shopping is a smart way to get the best prices.
- You don't need to buy as much as everyone thinks you do.
- I've changed my spending habits based on some of the mistakes I've seen other people make.
- Spending is fun.
- Spending well is a big responsibility.

(continued)

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3. What else have you learned about spending from the adults around you? (Check as many as you wish.)

- People always bring a shopping list with them to the store, and they follow it.
- People shop when they get upset.
- People sometimes overspend.
- Some people are tight with their money.
- Some people are always cutting out coupons.
- People compare prices to get the best value.

4. What is the number one message you've gotten today about spending money well?

