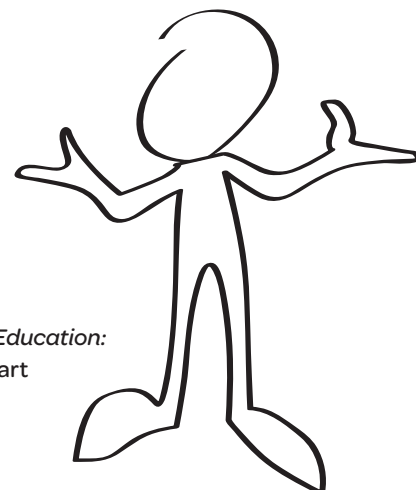


# Budget Well

**What It Is:** A budget is a way to track our money to ensure that the amount we spend doesn't exceed the amount we earn.

**Why It Matters:** A budget helps us understand the choices we make with our money. It is an important step toward financial fitness.

<b>Module 1</b>	
<b>Module Title</b>	Understanding Budgets
<b>Module Number</b>	1-BU-PE
<b>Module Learner Outcomes</b>	<ol style="list-style-type: none"> <li>1. Participants will be able to explain how a checking account can help with budgeting.</li> <li>2. Participants will be able to identify where to open a checking account.</li> <li>3. Participants will be able to compare product return policies at a local store.</li> </ol>
<b>Module Ties to Jump\$tart Standards<sup>1</sup></b>	<ul style="list-style-type: none"> <li>• Standard 3 – Financial Responsibility and Decision Making</li> <li>• Standard 2 – Planning and Money Management</li> </ul>



<sup>1</sup> Jump\$tart Coalition for Personal Financial Literacy. *National Standards in K-12 Personal Finance Education: With Benchmarks, Knowledge Statements, and Glossary*. Third Edition. Washington, D.C.: Jump\$tart Coalition for Personal Financial Literacy, 2007.

