

# Instructions for Workshop Leader

Use these slides (in order) with the sections of your session outline

Welcome and Overview (Slides 2-4)

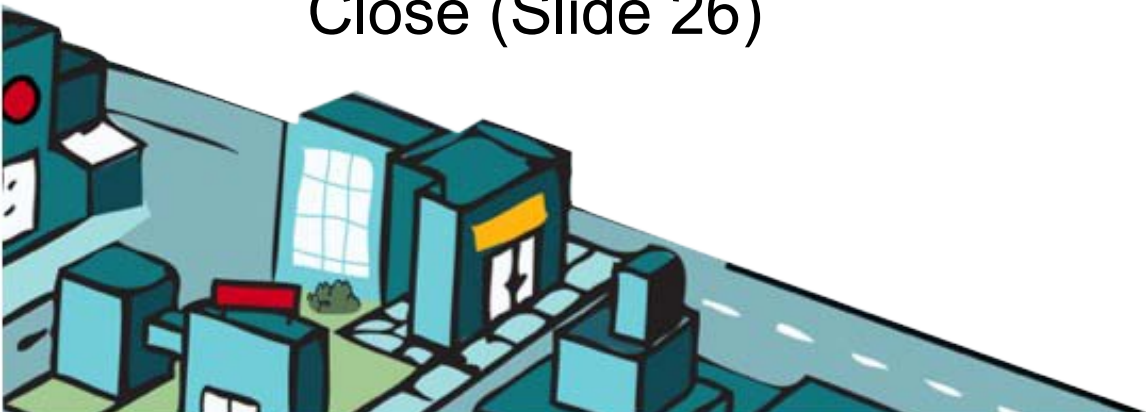
Activity (Slide 5)

Present (Slides 6-19)

Discuss (Slide 20)

Review and Evaluate (Slides 21-25)

Close (Slide 26)





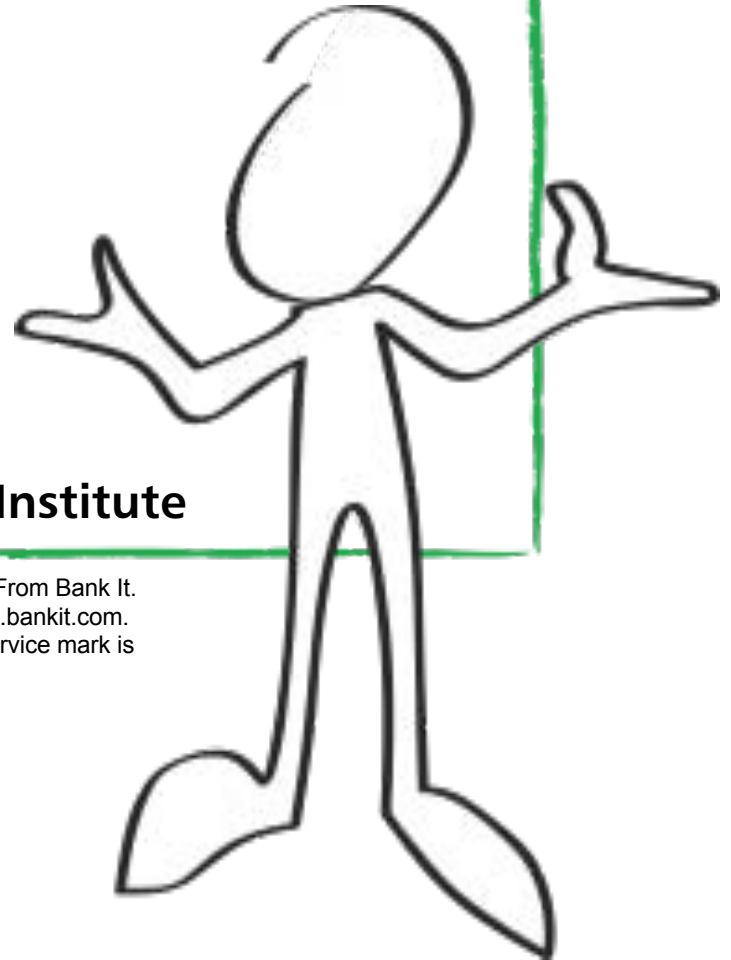
**Live Well**

## Welcome to Bank It:

How the 40 Developmental  
Assets Help Your Teenager  
2-LI-PT

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# Welcome and Overview

## What is Bank It?

Bank It delivers real-world topics and tools to help you:

- Understand,
- Talk about, and
- Manage your money.

From Capital One and Search Institute



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# Welcome and Overview

Three goals for today:

- Name why Developmental Assets are powerful.
- Give examples of actions you want your teenager to avoid.
- Identify examples of actions you want your teenager to do.



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# Welcome and Overview

## My Worries and My Hopes



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# Activity

## What do teens need to succeed?

### The 40 Developmental Assets

Source: Search Institute



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# Present

## Why do Developmental Assets matter?

The more Developmental Assets kids have, the more likely they will succeed in life.

Source: Search Institute



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# Present

How do we know Developmental Assets matter?

More than three million teenagers across North America have had their Developmental Assets measured since 1989.

Source: Search Institute



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# Present

Kids with a lot of Developmental Assets are:

1. More likely to make positive choices
2. Less likely to get into trouble
3. More likely to bounce back from hard stuff

Source: Search Institute



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# Present

With more Developmental Assets, teens are less likely to:

Engage in 24 risky behaviors

Source: Search Institute



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# Present

With more Developmental Assets, teens are less likely to:

- Use alcohol
- Use marijuana
- Smoke cigarettes
- Use smokeless tobacco
- Use inhalants
- Get drunk

Source: Search Institute



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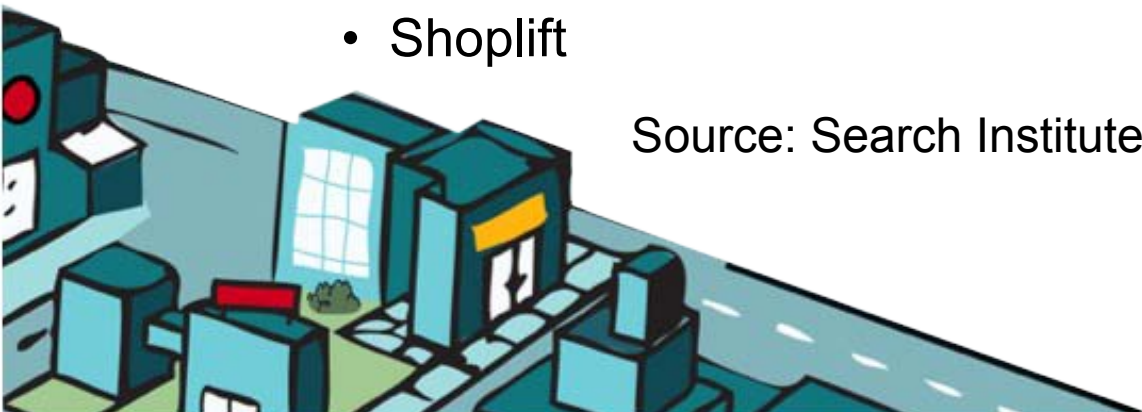


# Present

With more Developmental Assets, teens are less likely to:

- Use other illicit drugs
- Drive after drinking alcohol
- Ride with a driver who has been drinking alcohol
- Have sexual intercourse
- Vandalize
- Shoplift

Source: Search Institute

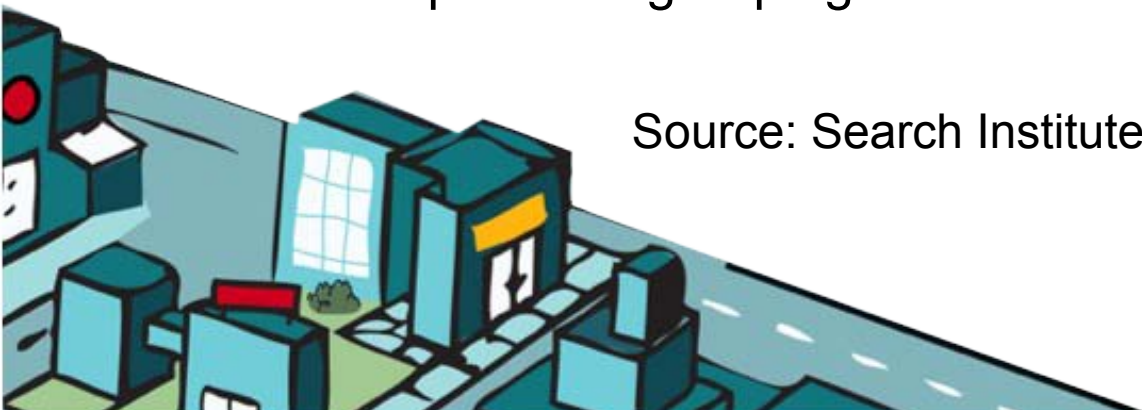


# Present

With more Developmental Assets, teens are less likely to:

- Get into trouble with the police
- Hit someone
- Physically hurt someone
- Carry a weapon
- Use a weapon
- Participate in a group fight

Source: Search Institute



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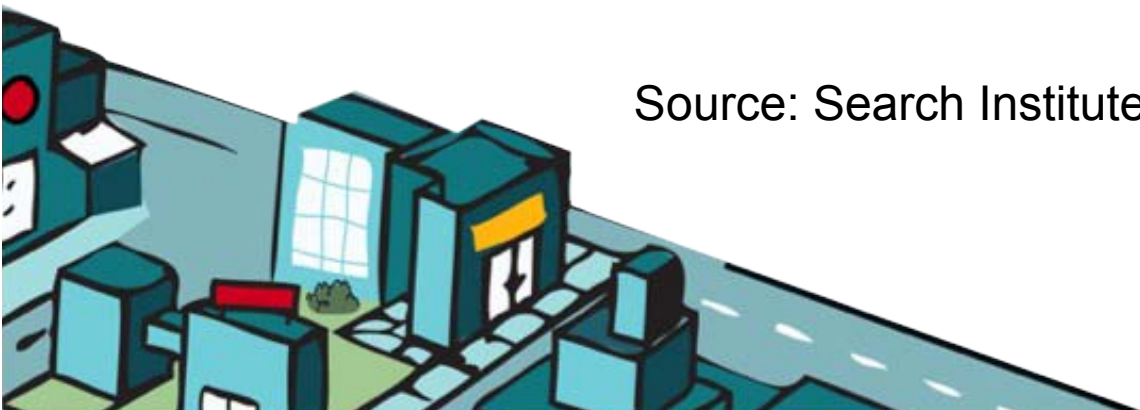


# Present

With more Developmental Assets, teens are less likely to:

- Threaten to hurt someone
- Skip school
- Gamble
- Have an eating disorder
- Feel depressed
- Attempt suicide

Source: Search Institute

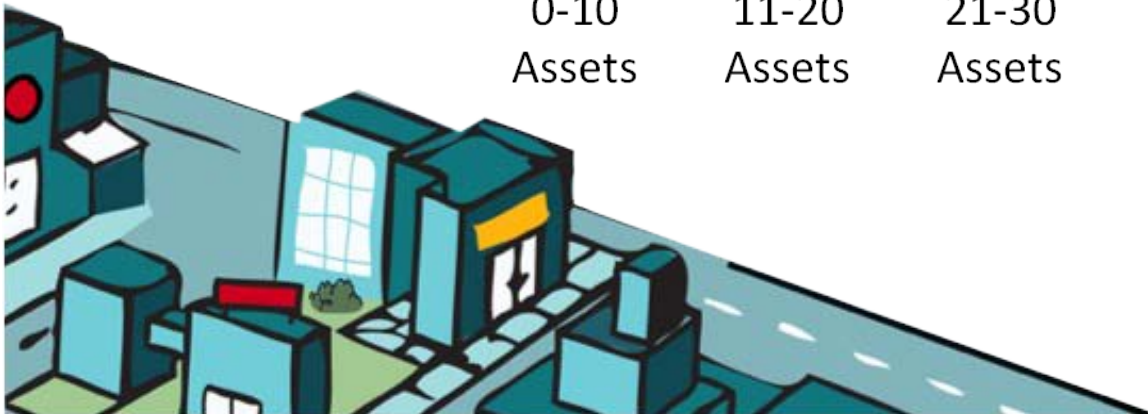
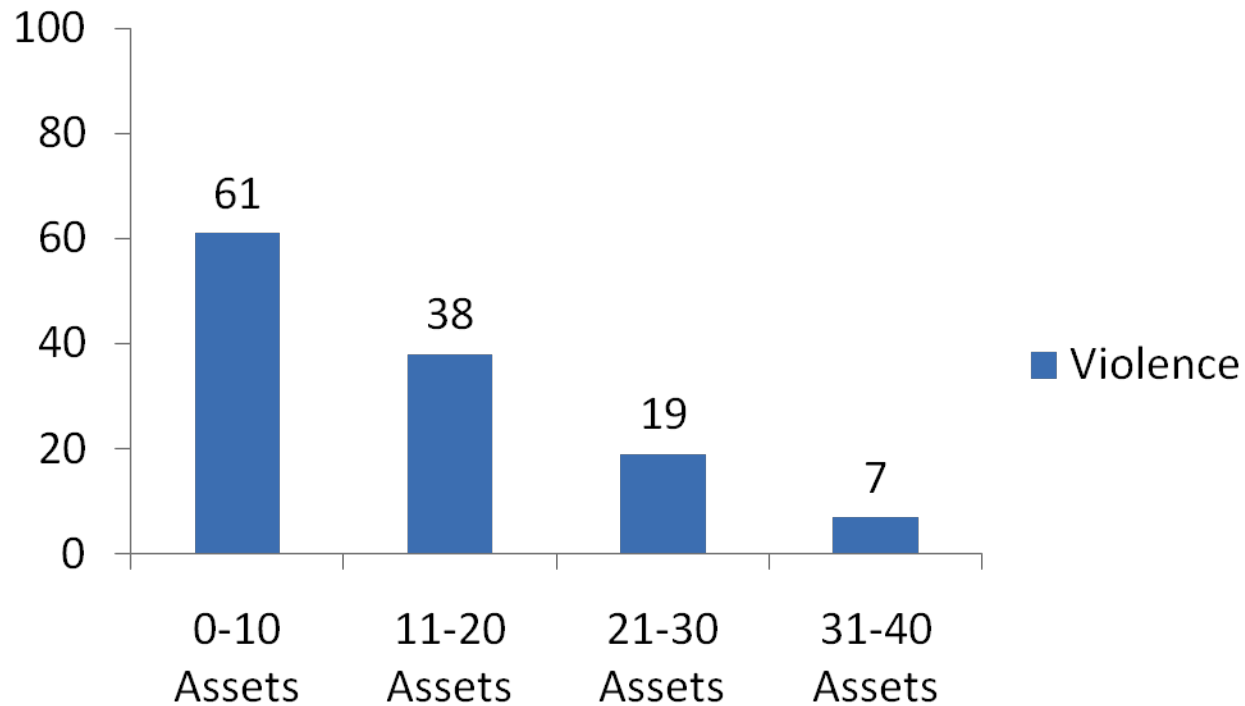


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# Present

## The Power of Assets to Protect



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# Present

With more Developmental Assets, teens are more likely to:

Act in eight positive ways

Source: Search Institute



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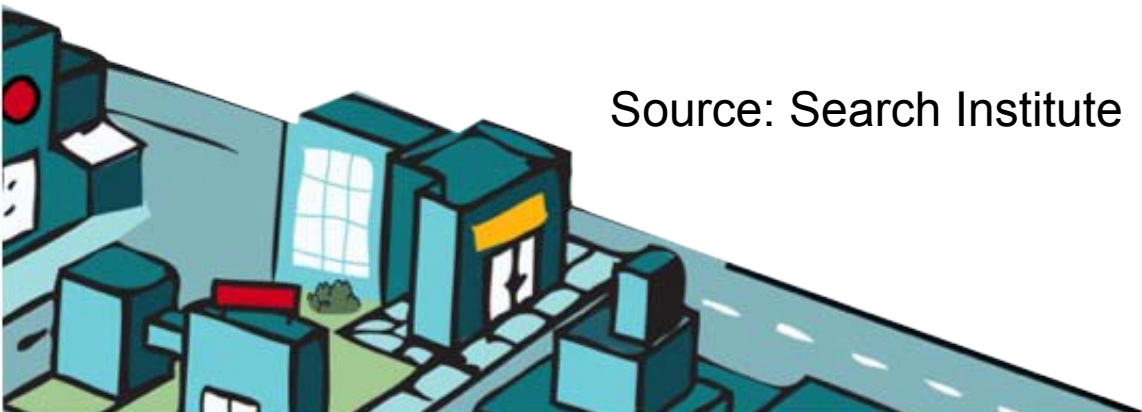


# Present

With more Developmental Assets, teens are more likely to:

- Help others
- Overcome adversity (difficulty)
- Exhibit leadership
- Value diversity

Source: Search Institute



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# Present

With more Developmental Assets, teens are more likely to:

- Maintain good health
- Delay gratification
- Resist danger
- Succeed in school



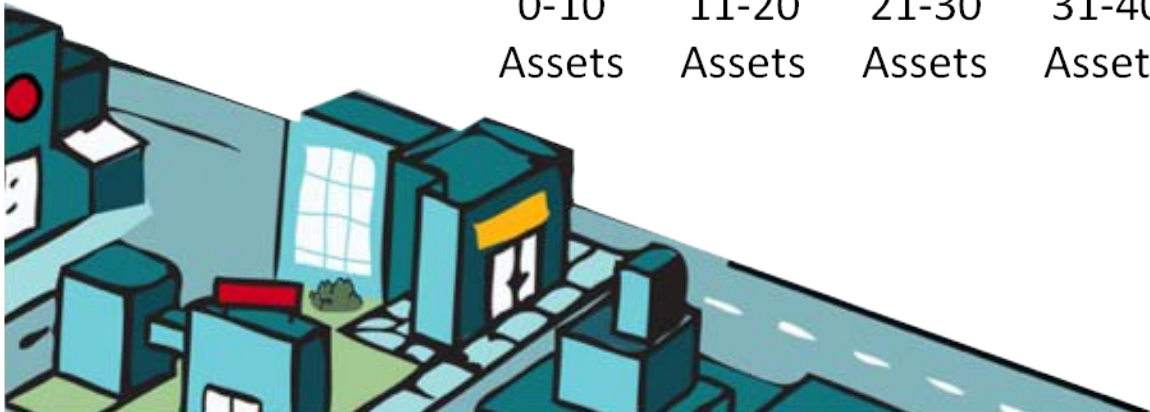
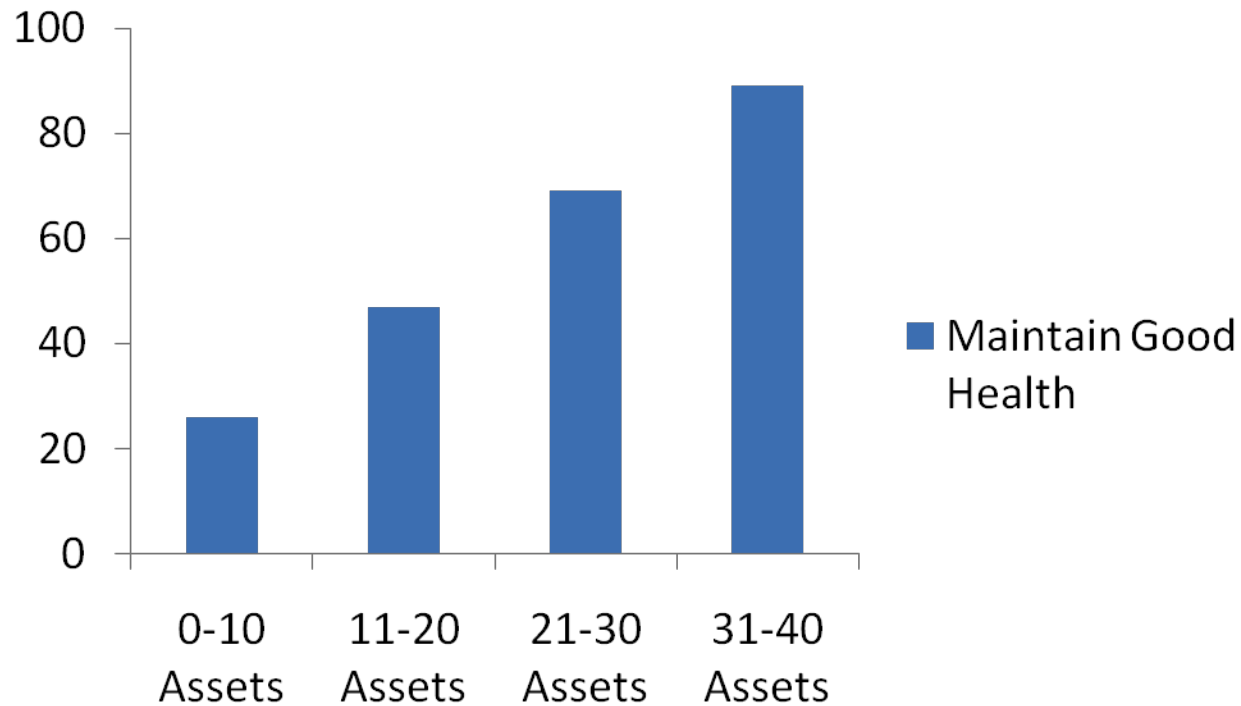
Source: Search Institute

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# Present

## The Power of Assets to Promote



Source: Search Institute

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# Present

Turn to talk to someone near you.

1. Say your first name.
2. Say the number one thing you want your teenager to do in life.



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# Discuss

How do the Developmental Assets help your teenager?

1. Stay away from trouble.
2. Make good choices.
3. Bounce back from hard times.

Source: Search Institute



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# Review and Evaluate

What are risky behaviors?

- Bad ways to act
- Trouble

Source: Search Institute



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# Review and Evaluate

What are some examples of risky behaviors?

- Taking drugs
- Using alcohol
- Having sexual intercourse
- Skipping school

Source: Search Institute



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# Review and Evaluate

What are some examples of good behaviors that we talked about today?

- Succeeding in school
- Helping others
- Resisting danger

Source: Search Institute



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# Review and Evaluate

How can Developmental Assets lead your teenager to making positive money choices?

- Teenagers are more likely to save and spend money well.
- Teenagers are less likely to lose money and spend money foolishly.

Source: Search Institute



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# Close

What kind of person do you want your teenager to be?



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